



# SENIOR COMMUNICATOR

**Non Profit Organization**

Idaho Falls Senior Citizens Activity Center  
535 West 21st Street

*We are a daily center for ACTIVE seniors. Our meals on Wheels Program Prepares /delivers over 66,000 meals yearly*

*We are NOT an assisted living center.*

Hours of operation  
Monday through Friday  
10am—2pm  
Closed some holidays

Telephone: (208) 522-4357  
Website: ifscce.org  
Circulation: 750

## HAPPY FATHER'S DAY



OUR  
SOCIAL  
MEDIA

WEBSITE



FACEBOOK



June  
2026

We reserve the right  
to make mistakes  
occasionally

**New Members:** *Connie & Ernest Lee, Ed Woolstenhulme, Bailey Gust, Calvin Thrasher, Daniel Van Buren, Kathy Stuart, Aaron & Carol Sanders*

AND FOR ALL OUR NEW MEMBERS... Please don't be a passive member! Get involved...Join in the daily activities. In most cases the daily activities are not created by the Center Management, they were created by members who asked "Can we do this?" Management is concerned with activities only in a support position.

Thank You to all of our Volunteers

Senior Hours	188.51
Non-Senior Hour	238.75
Board Member Hour	48.5
Work Detail Hours	20.26
<hr/>	
Total Hours	496.02

We would like to thank the Board Members, Non Seniors and ALL the seniors who keep the SCCC going by keeping all of our activities and programs running.

Warm Wishes To You All!



We could use more board members. If our cause is important to you come join the team to help keep the Programs alive.

**Thank You!**

**Monthly Supporters**

**\*Don Waters, Lori Waters, Alan Lively, and Jim Waters for spending so many hours on fixing the Bingo machine, Also Lori donated and made a Welcome sign for the Senior Center. Thank you all for your contributions and hard work!\***

***\*United Way\****

***\*City Of Idaho Falls \* Medicaid***

***\*Eastern Idaho Community Action Partnership\****

***\*Panera bread \****

***\*Humanitarian Center\* Molina\****

***\*United Healthcare\****

**Thank You!**

**THANKS TO THE MEMBERS WHO HELP US RELIEVE THE PAIN OF THE ECONOMY:**

**\$ 0 - \$ 99 John Long, 4-Anonymous**

**\$100-\$250 Dixon, Past Time Bar in Ririe**

**\$300- \$800**

**\$1,000-\$31,000**

**Thank You!**

**Many thanks to the following entities for their recent grants and donations!**

We want to say **thanks** to our **VOLUNTEER DRIVERS** for the Home Delivered Meals program. We appreciate so much the way you have opened your hearts to help our seniors and disabled adults. You are a blessing to all.

**Dave Nobles, Steve Stowell, Marla Morgan, Jeffrey Socher, Jordan Homer, Hal & Deb Tobin, Mr. & Mrs. Yeager, Gerald Ondricek, Roger Kuhl, Teri Sokolek, Debbie Ball, Debbie Bell, Springhill Hotel, Bidger Carpenter, Richard & Theresa Dixon, Emma Thomas, Tina Whitley, Sherrie Gouldthorpe, Desiree Lowney, Paul K., Bryant Gardner, Toma Matule**



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# Eatwell Guide

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.

Check the label on packaged foods

Each serving (150g) contains

Energy	Fat	Saturated	Sugars	Salt
1040kJ 250kcal	3.0g	1.3g	34g	0.9g
	LOW	LOW	HIGH	MED
13%	4%	7%	38%	15%

of an adult's reference intake

Typical values (as sold) per 100g: 697kJ/ 167kcal

Choose foods lower in fat, salt and sugars

Eat at least 5 portions of a variety of fruit and vegetables every day



Choose wholegrain or higher fibre versions with less added fat, salt and sugar



Beans, pulses, fish, eggs, meat and other proteins

Eat more beans and pulses, 2 portions of sustainably sourced fish per week, one of which is oily. Eat less red and processed meat



Dairy and alternatives

Choose lower fat and lower sugar options



Eat less often and in small amounts

Water, milk, drinks, tea and coffee

Limit and/or avoid alcohol to a maximum of 150ml



Oil & spread

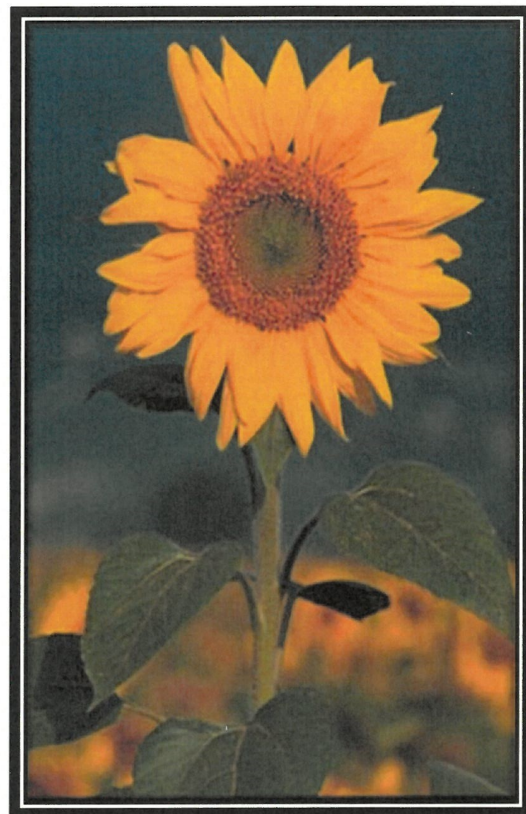
Choose unsaturated and use in small amounts

Per day 2000kcal 2500kcal = ALL FOOD + ALL DRINKS

# SALE!

Don't miss out on your chance to help raise money for our programs! Most importantly Meals on Wheels!

Looking for gently used items for an upcoming Rummage Sale in a few months.



Date of event is pending

Can donate at 535 W 21<sup>st</sup> Street, Idaho Falls, ID. See times below:

10 A.M. – 2 P.M. (Monday – Friday)



Senior Citizens Community Center Inc./ Home Delivered Meals (Meals on Wheels)

535 W 21<sup>st</sup> Street | Idaho Falls, ID, 83402 | 208-522-4357 | <https://www.ifscce.org>

*Bring items to the office, come in main entrance up the ramp and turn left down the hall.*

## Father's Day Dinner: Grilled Skirt Steak with Tomato Salad

One of my favorite ways to cook steak - Grilled Skirt Steak with Tomato Salad! Slice it up before serving for easy access for your guests.



5 from 1 vote

Prep Time  
2 hrs

Cook Time  
12 mins

Total Time  
2 hrs 12 mins

Course: Main Course    Cuisine: Mediterranean    Servings: 6 people

Author: [Gaby Dalkin](#)

### Ingredients

#### For the Steak + Marinade

- 2 pounds hanger or skirt steak
- 1/3 cup olive oil
- 2 garlic cloves chopped
- 2 tablespoons red wine vinegar
- 1/4 cup soy sauce
- 4 tablespoons agave nectar or honey

#### For the Tomato Salad

- 1-2 pints cherry tomatoes halved
- 2-3 tablespoons olive oil
- Kosher salt
- Freshly cracked black pepper
- 1 handful of fresh arugula or upland cress
- 1/3 red onion thinly sliced

### Instructions

1. Combine the ingredients for the marinade in a large non-reactive bowl. Add the steak and marinate for at least 2 hours up to 24.
2. Heat a grill over medium high heat.
3. Remove the steak from the marinade and generously season with salt and pepper. Place the steak on the grill and grill for 4-6 minutes on each side, turning 90 degrees halfway through to get crisscross grill marks.
4. Cook until medium/medium rare, or medium, depending on your preference, and then remove to a cutting board and let rest for 10 minutes.
5. In a large bowl, toss the halved cherry tomatoes with a few tablespoons of olive oil, salt, pepper, arugula and red onions.
6. Slice the steak against the grain and top with the tomato salad. Serve immediately.



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# BECOME A PAID VOLUNTEER

(income-eligible, non-reportable stipend)



Since 1965, the AmeriCorps Seniors Foster Grandparent Program has been connecting seniors to socially or academically at-risk children in the classroom.

Volunteer in Idaho Classrooms  
Kids 2-17 across 24 Counties  
Adults 55+  
PTO, Holiday & Leave  
Flexible Schedule  
5 to 40 hours per week



(208) 522-2674  
cmotloch@unitedwayif.org



*Share your wisdom*

• • • • •  
Visit Our Website  
[www.unitedwayif.org/foster-grandparents](http://www.unitedwayif.org/foster-grandparents)

## Eastern Idaho Area Agency on Aging

Your local Area Agency on Aging (a division of Eastern Idaho Community Action Partnership—EICAP) is an essential resource in the community, working to maintain the

independence and dignity of Eastern Idaho's seniors and caregivers. We do this by connecting seniors with services and community resources. We are a non-profit that receives federal, state, and local funds to run our programs. Area Agency on Aging offers several types of services and support for senior and caregivers including home and community-based services, supportive services, and advocacy programs. Many of our services are at a no-cost or low-cost for consumers. It's easy to get help. Give us a call us at (208) 522-5391.



# June 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>1</b></p> <p>Baked Potato with Chili Apples Onion, Diced Tomato Sour Cream, Shredded Cheese Yogurt</p>	<p><b>2</b></p> <p>Turkey Cabbage Soup Cherries Cabbage, Onion, Carrots, Diced Potatoes Roll</p>	<p><b>3</b></p> <p>Baked Caesar Chicken Banana Dinner Salad Rice Pilaf Garlic Bread Pudding</p>	<p><b>4</b></p> <p>Finger Steaks &amp; Fries Tropical Fruit Mixed Veggies Seasoned Fries</p>	<p><b>5</b></p> <p>Teriyaki Chicken Mandarin Oranges Carrots, Broccoli, Onions Brown Rice Brownies</p>
	<p><b>8</b></p> <p>Kielbasa Mac n Cheese Pineapple Japanese Veggies Macaroni Noodles Lemon Bars</p>	<p><b>9</b></p> <p>Biscuits &amp; Sausage Gravy Peaches Peppers, Onions, Mushrooms Multigrain bar</p>	<p><b>10</b></p> <p>Chicken Fried Steak Grapefruit Broccoli Mashed potatoes With Gravy, Roll</p>	<p><b>11</b></p> <p>Chicken Fajitas Applesauce Fajita Blend Sweet Potato Fries Tortilla</p>	<p><b>12 Cold Lunch</b></p> <p>Sliced Turkey Sandwich Strawberries Potato Salad Mayo, Mustard Ice cream</p>
	<p><b>15</b></p> <p>BBQ Chicken Kiwi Green Beans Mac &amp; Cheese Garlic Bread Fruit Snacks</p>	<p><b>16</b></p> <p>Bagel Sandwich Pears Celery &amp; Carrot Sticks Chips Banana Bread</p>	<p><b>17</b></p> <p>Fish &amp; Chips Apples Succotash Potato Wedges Tartar Sauce</p>	<p><b>18</b></p> <p>French Onion Pork Chops Tropical Fruit Cauliflower Baked Potato &amp; Butter, Roll Rice Krispy</p>	<p><b>19</b></p> <p>Turkey Lettuce Wrap Peaches Lettuce, Onion, Salsa Spanish Rice Cottage Cheese</p>
	<p><b>22</b></p> <p>Spaghetti Fruit Cocktail Broccoli Breadstick</p>	<p><b>23</b></p> <p>Roasted Fish Pineapple, lemon Wedge Beets Cottage Cheese</p>	<p><b>24</b></p> <p>Hot Dogs Oranges Sauerkraut, Onion, Relish Tater Tots Jell-O Ketchup, Mustard</p>	<p><b>25</b></p> <p>Pork Stir Fry Apricots Peppers, Onions, Mini Corn, Cauliflower Cinnamon Roll</p>	<p><b>26</b></p> <p>Salisbury Steak Berry Blend Spinach Mashed Potatoes Roll Ice Cream</p>
	<p><b>29</b></p> <p>Combination Pizza Pears Dinner Salad Ranch Cookies</p>	<p><b>30</b></p> <p>Chicken Bacon Ranch Pasta Applesauce Red &amp; Green peppers Breadsticks</p>			

# June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00a MahJongg	2 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	3 10:15a Bingo 12:30p Pinochle 10:30p Information Table	4 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	5 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	6 6:00p Bingo- Doors open at 4pm
10:00a Rose's Coffee						
7	8 10:00a MahJongg 5:30p Idaho Falls Gem & Mineral Society	9 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	10 10:15a Bingo 11:00a From Head to Feet Free Health Clinic 12:30p Pinochle 10:30p Information Table	11 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	12 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	13 6:00p Bingo- Doors open at 4pm
10:00a Rose's Coffee						
14	15 10:00a MahJongg	16 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	17 10:15a Bingo 12:30p Pinochle 10:30p Information Table	18 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	19 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	20 6:00p Bingo- Doors open at 4pm
10:00a Rose's Coffee						
21	22 10:00a MahJongg	23 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	24 10:15a Bingo 12:30p Pinochle 10:30p Information Table	25 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	26 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	27 6:00p Bingo- Doors open at 4pm
10:00a Rose's Coffee						
28	29 10:00a MahJongg	30 10:00a Fit & Fall Exercise 11:00a Ladies Coffee				
10:00a Rose's Coffee						

All of the programs in the Center are run by volunteers  
 At times the Volunteer may need to cancel the program.  
 Thank you in advance for your understanding.  
 Visit our Facebook page for latest Center activities.  
 See more info At [IFSGCC.ORG](http://IFSGCC.ORG)

\*\* Call for an appointment or to sign up  
 \*\*\* Due to the increasing cost of supplies, the Eagle Rock Art Guild will be requesting \$2 per person per Art class to cover Their supply expenses. Classes are limited to 12 people. To ensure enough supplies for Art Classes, please sign up for them at 522-4357. Dead line is Wednesday at 2pm.  
 \*\*\*\* Play 16 games of bingo for as little as \$3.50

Come join our painting group every Thursday from 11:15am to 12:15pm. They have tons of fun!!



### JUST A REMINDER

When you participate in an activity here at the Center, please sign the Sign-In Sheet provided. Most of the grants we apply for require information about how well the Center is being used. It will help the Center, and only take a few seconds. Thanks.....your Board of Directors

### Grandparents Corner

#### EICAP GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

A support group for individuals who are in need of information, resources and support regarding a variety of issues including: medical, legal, behavior and school issues. They meet on the **4th Tuesday of every month** from **12:00pm – 1:30pm** at **EICAP** **935 E. Lincoln Road, IF, 83402,** **Phone: 208-522-5391.**

### Help at the Push of a Button!



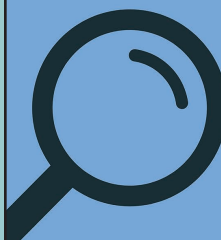
## **AssureLink**

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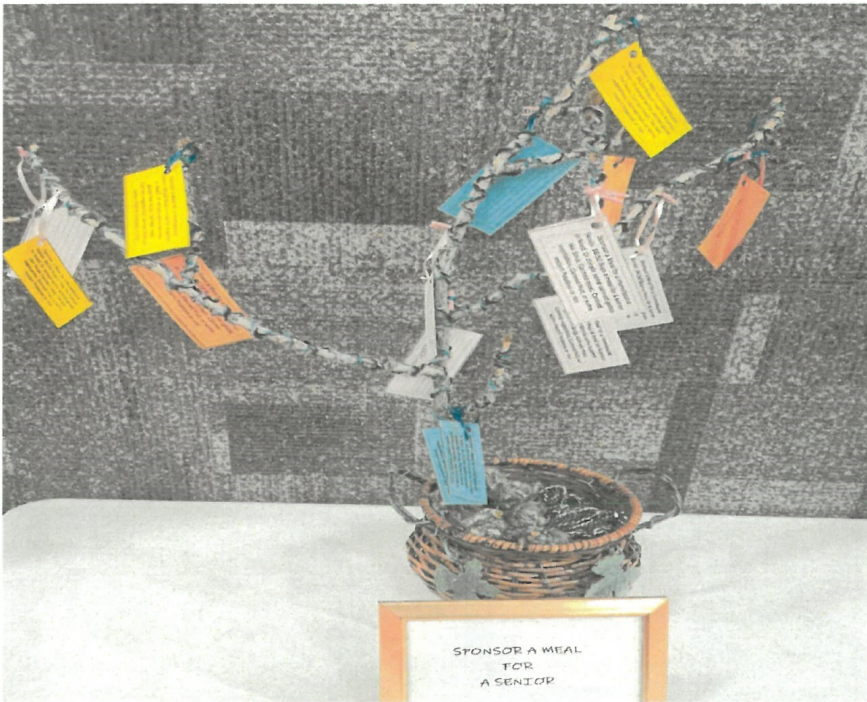
**(208) 523-2704**



## Advertise Here!

Increase visibility in your community.





Please consider sponsoring a meal for one of our Senior Citizens. We have a tree with tags for \$6.50 on it at the Senior Center. Come in and buy a tag. We will display the tags proudly in thanks to those who help our Seniors for your generous donation.



**WE'RE HIRING**  
Ad Sales Executives

- Paid Training
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Increase visibility in your community.

# YOUR BOARD OF DIRECTORS

Karl Casperson	Bonneville County Commissioner	CHAIR
Chanse Powell	Senior Solutions	VICE CHAIR
Jared Barclay	Eagle Rock Health & Rehab	Treasurer
Sherrie Gouldthorpe	Retired	Secretary
Kathleen Keyes	Member of POA	
Roy Matthews	Retired	
Benjamin McInelly	Cascadia Healthcare	
Mary Ledezma	Retired	
Jenny Martin	Senior Solutions	

-----Non Voting Members-----

John Radford	Mayor's Office Liaison
Sarah Ryner	Executive Director

The Board meets on the 4th Tuesday of each month, sometimes changes, or is canceled. from 10:30 AM to 11:55 AM All meetings are open to the public

**If you would like to join the board please come to the office and fill out an application. All are welcome. Thank you**

## Caregivers Support Group

EICAP Caregivers Support Group  
 A support group for individuals who are caring for loved ones and are in need of information, resources, and support. We cover a wide range of topics such as Safety, Health & Fitness, Self care, Family relationships, Daily care, Respite, Grief & End of life. We meet on the 1st & 3rd Friday, from: 1pm–3pm at EICAP 935 E. Lincoln Rd. I.F. (208) 522-5391 ext-203 Emily (call for zoom information)  
**See you there.....**

Idaho Falls Senior Citizens' Community Center  
 535 west 21st street  
**PRESENTS**

Also Known as  
**SENIOR ACTIVITY CENTER**

**COMMUNITY BINGO**

Guaranteed minimum **60%** payout

**Every Saturday Evening 6 pm to 8 pm** & Friday Evenings

**Doors open at 4:30 pm**

Also join us for FUN BINGO on WEDNESDAY MORNINGS STARTS AT 9:45AM - 16 games for as little as \$3.50

- \* FOR EVERYONE - Not just for seniors
- \* Must be 18 years old or older to play
- \* Win CASH

WE ARE A SMOKE-FREE AND ALCOHOL-FREE ENVIRONMENT AND A NON-PROFIT ORGANIZATION

**\*URGENT\***

Give back to your community by donating to your local charity right here in Idaho Falls. You can donate money, your time, or needed items. We also need more board members to join the board. Some of our funding has dropped off and we need more funding to take its place.

**WE NEED THE COMMUNITIES SUPPORT RIGHT NOW! PLEASE COME SUPPORT US!!!**

Call 208)522-4357 for questions, or visit in person at 535 W 21st Street, Idaho Falls, ID 83402



**Puzzle #62***Editorial Page*

ANALYSIS

FOLIO

POLITICS

ANSWER

GUEST COLUMN

READERS

ARTWORK

HEADLINE

RESPONSE

CONCERN

HUMOR

THOUGHTS

CONTROVERSY

IDEAS

VIEWS

CRITICISM

ISSUES

WRITERS

EDITOR'S NOTE

NEWS

EVENTS

OPINION

C	E	Y	S	R	E	V	O	R	T	N	O	C
E	S	Y	E	D	P	C	O	N	C	E	R	N
E	N	I	U	T	A	O	S	Y	N	P	C	X
D	O	B	S	N	H	O	L	I	E	S	R	M
I	P	V	S	Y	P	O	L	I	R	B	I	F
T	S	W	I	I	L	D	U	E	T	E	T	O
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T	L	F	N	H	A	W	R	I	T	E	R	S
E	O	S	J	Q	L	S	A	A	Q	A	V	S

**JUST A REMINDER**

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Thanks.....  
your Board of Directors

**Eastern Idaho Area Agency on Aging: Help with Medicare Costs**


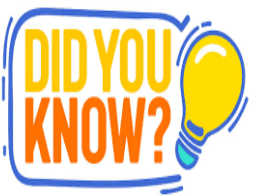
Under a grant project, the Area Agency on Aging provides outreach for federal and state Medicare subsidy programs. If you struggle pay-ing for your Medicare healthcare costs, call your Area Agency on Aging, at (208) 522-5391, to learn more about your op-tions, including the Medicare Savings Programs and "Extra Help". The Medicare Savings Programs are state programs, through Health & Welfare, that help pay for some Medi-care Part A (hospital) and Part B (medical) costs. "Extra Help" is a federal program, through Social Security, that helps with Medicare PartD prescription drug costs. These programs offer varying amounts of assistance that you can qualify for depending on your income and assets.

**3<sup>RD</sup>**  
SUNDAY  
IN JUNE

Average Age of First-Time Fathers is 30!

**30**

Roses are the official flower of Father's Day. Red rose for living fathers and white for those that have passed

# FATHER'S DAY

## FUN FACTS



29 million Fathers in the US are Grandfathers

The male seahorse carries the eggs and birth the babies.



Ties are the most popular gift



**DAD**

The word Dad is believed to come from baby talk



Cards are the most popular item given.



**WASHINGTON**

The 1st Father's Day was celebrated in the state of Washington on June 19,1910

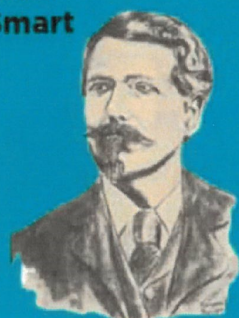
Sonora Smart Dodd is the founder of Father's Day in honor of her Dad William Jackson Smart

In 1972 President Richard Nixon made Father's Day a national holiday

It is estimated that around 72 million cards are sent for Father's Day



In Catholic countries, Father's Day is celebrated on Saint Joseph Day - a day in celebration of Jesus' Father



**72**

**FYI**

***During the month of March our capable KITCHEN AND DELIVERY PERSONNEL served 324 meals at the center, and produced and Delivered 4823 meals to home-bound seniors through our Meals On Wheels program (Total meals: 5,147)***

**Grandparents Corner**

**EICAP Grandparents Raising Grandchildren Support Group**

A support group for individuals who are in need of information, resources and support regarding a variety of issues including: medical, legal, behavior and school issues. They meet on the 4th Tuesday of every month  
From: 12:00 pm–1:30pm at EICAP  
935 E Lincoln Road, IF, 83402  
Phone: 208)522-5370 ext-203. (Call for Zoom Information)



**Care**  
on your own terms

**A FEW WAYS WE CARE:**

- Companionship
- Fall & Injury Prevention
- Transportation
- Medication reminder
- Grocery shopping
- Laundry
- Meal preparation
- Grooming/hygiene
- Vacuuming
- Alzheimers care
- Dementia care
- Post-surgical care
- Pet care
- Assist with ADL's
- Organization
- & more!

**Reach out.  
We are here to help.**

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**We will help you get the most out of every day.**

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**Contact Shannon Miller**  
smiller1@4LPi.com  
(800) 950-9952 x2257



- Our Services At A Glance**
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**Tyrel Nelson**  
Area Manager  
**208.559.1884**  
tyrel@southernidahoshs.com  
Idaho Falls, Pocatello, Rexburg



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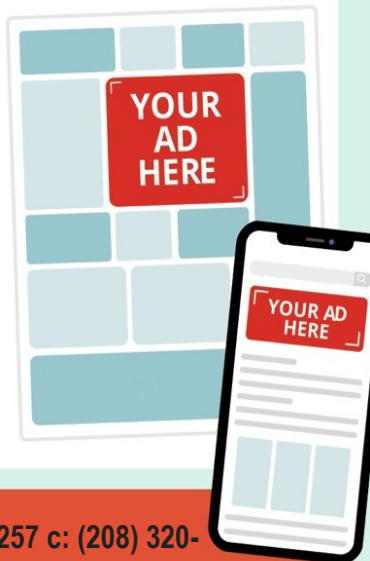
## AVAILABLE NOW! PRINT & DIGITAL AD SPACES

### The Support of Your Business is Greatly Appreciated

Shannon Miller from LPI, our newsletter printer, will be securing new ads for our center in the coming weeks. It is the support of the business community that helps to make our center thrive. Please consider purchasing a print and/or digital ad as your participation makes our newsletter successful, and you attract customers!

**Newsletter advertising** is a cost-effective way to advertise 12 times per year and show support for your local community; in turn, members will support you!

**Digital advertising** allows your business to be front and center to anyone who visits a center profile page on [OurSeniorCenter.com](http://OurSeniorCenter.com) — that's approximately 500,000 page views per month!



**Shannon Miller**

p: (800) 950-9952x2257 c: (208) 320-9587 e: [smiller1@4LPi.com](mailto:smiller1@4LPi.com)



### Medicare Information

- To learn about Medicare eligibility or to apply, visit [www.ssa.gov/medicare/mediinfo.html](http://www.ssa.gov/medicare/mediinfo.html) or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- If you do not sign up for Medicare Part B (medical insurance) when you are first eligible, or if you cancel Part B and then get it later, you may have to pay a late enrollment penalty for as long as you have Part B.
- For questions about Medicare coverage and billing, visit [www.Medicare.gov](http://www.Medicare.gov) or call **1-800-MEDICARE (1-800-633-4227)** (TTY **1-877-486-2048**).
- The Extra Help program may help pay the costs of a Medicare Prescription Drug Plan for people with limited income and resources. Costs include premiums, deductibles, and co-payments. You can apply online at [www.ssa.gov/medicare/prescriptionhelp](http://www.ssa.gov/medicare/prescriptionhelp) or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- The Medicare Savings Programs may help pay for Medicare premiums and other out-of-pocket costs for people with limited income and resources. You can start the application process when you apply for Extra Help or you can contact your State or local medical assistance (Medicaid) office.

Don't be a target of Healthcare fraud! Learn how to prevent Healthcare Fraud by contacting your local Senior Medicare Patrol at 208)522-5391 ext. 202

**Eastern Idaho Area Agency on Aging:  
Senior Medicare Patrol**

The Senior Medicare Patrol (SMP) under the Eastern Idaho Area Agency on Aging, helps Medicare and Medicaid beneficiaries avoid, detect, and prevent health care fraud, errors, and abuse. SMP trained staff and volunteers provide free counseling and education to the community. Remember to protect your Medicare card and only share your Medicare number with your trusted healthcare provider. Check your statements and bills for inaccuracies such as services you didn't receive, double billing, or services not ordered by your doctor. If you ever have questions about our Medicare summary Notice or other healthcare statements or bills, give us a call and our trained counselors can help. (208) 522-5391

**Idaho Legal Aid**  
[www.idaholegalaid.org](http://www.idaholegalaid.org)

A non-profit Idaho law firm and community education organization. Idaho Legal Aid Services offers a Senior Legal Hotline and a Domestic Violence Legal Advice Line for many qualifying Idaho citizens.

If you are a **senior (age 60 or older)** and you need help with a legal problem, have a question you think a lawyer should answer, or have been sued and don't know where to turn, call our **Senior Legal Hotline:**

(866) 345-0106 or Español (866) 954-2591 (toll free); (208) 345-0106 (Boise calling area)

**Hours of Operation:** Monday - Friday\* 9:00 AM - 3:00 PM (MST) \*Excluding holidays and other office closures.

**PROGRAM DONATIONS FROM CENTER  
FOR THE MONTH OF April**

Beading	\$46
Bingo Charity Wed, Fri, & Sat	\$3,879.50
Congregate Lunch	\$412.67
Congregate Beverage	\$0
Ladies Coffee	\$38
Fit & Fall Exercise	\$126
Mah-Jongg: Individual Donations	\$0
Painting Group	\$18
Pinochle	\$89
Pinochle (Bev Only)	\$10
Pool	\$69
Rose's Gentlemen's Group	\$144.70
Woodcarvers	\$21
Misc. fundraiser	\$
Other/ individual Donation	\$361.18
<b>Total</b>	<b>\$5,215.05</b>



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SCCC COMUNICATOR  
Senior Citizen's Community Center, Inc.  
535 West 21st Street  
Idaho Falls ID 83402-4528

Non-Profit Organization  
U S POSTAGE PAID  
Idaho Falls, ID 83401  
Permit #155

DATED MATERIAL—PLEASE DON'T DELAY  
RETURN SERVICE REQUESTED

**The Senior Citizen Activity  
Center, Inc.**

**Is a United Way Agency. Thanks to you, it continues to work for all of us!**

