



SENIOR COMMUNICATOR

Non Profit Organization

Idaho Falls Senior Citizens Activity Center
535 West 21st Street We are a *daily center for ACTIVE seniors.*

Our Meals on Wheels program prepares/delivers over 66,000 meals yearly. We are NOT an assisted living center.

Hours of operation
Monday through Friday
10am-2pm
Closed some holidays

Telephone: (208) 522-4357
Website: ifscce.org
Circulation: 750



OUR
SOCIAL
MEDIA

WEBSITE



FACEBOOK



2023
October

We reserve the right
to make mistakes
occasionally

New Members: Ryan & Cindy Laird, Dusty Washburn , Jenny Leonard , Trina Anthony , Bud & Ann Albin , Peter Medina , Jennifer Sato , Marcia & Wayne Christensen, Sandra Pentecost, Kenneth Filmore , Eldon Harker , Mitchell Rankin , Juanita Robledo , John Baird , Christine Cromwell

AND FOR ALL OUR NEW MEMBERS... Please don't be a passive member! Get involved...Join in the daily activities. In most cases the daily activities are not created by the Center Management, they were created by members who asked "Can we do this?" Management is concerned with activities only in a support position. Please join us on any Wednesday morning at 10 AM for Wednesday Morning Coffee Break and

NEW MEMBER GET-ACQUAINTED ! STAY FOR * BINGO AT 10 am IF YOU WOULD LIKE

Thank You to all of our Volunteers

Senior Hours	276.50
Non-Senior Hour	453.50
Board Member Hour	5.00
Work Detail Hours	2.00

Total Hours 737.00

We would like to thank the Board Members, Non-Seniors and ALL the seniors who keep the SCCC going by keeping all of our activities and programs running.

Warm Wishes To You All!

**Eastern Idaho Area Agency on Aging:
Senior Medicare Patrol**

The Senior Medicare Patrol (SMP) program, under the Eastern Idaho Area Agency on Aging, helps Medicare and Medicaid beneficiaries avoid, detect, and prevent health care fraud, errors and abuse. SMP trained staff and volunteers provide free counseling and education to the community. Remember to protect your Medicare card and only share your Medicare number with your trusted healthcare provider. Check your statements and bills for inaccuracies such as services you didn't receive, double billing, or services not ordered by your doctor. If you ever have questions about your Medicare Summary Notice or other healthcare statements or bills, give us a call and our trained counselors can help. (208) 522-5391

Thank You!

Monthly Supporters

** United Way*

*City Of Idaho Falls * Medicaid*

Eastern Idaho Community Action Partnership

Community Food Basket

Panera Bread ,Humanitarian Center

Thank You!

THANKS TO THE MEMBERS WHO HELP US

RELIEVE THE PAIN OF THE ECONOMY:

\$ 0 - \$ 99 1- Anonymous

\$100 - \$250 C.L & Ilene Parsons

\$300—\$700

\$800-\$3,000

Misc. items:

Thank You!

Many thanks to the following entities for their recent

grants and donations!

*** Citizens Community Bank ***

Come join us as a volunteer driver. We appreciate everyone that takes the time out of their busy schedule to help deliver meals to seniors 1 day a week for about an hour. Just give us a call at 208)522-4357 for more information!



*We want to say thanks to our
VOLUNTEER DRIVERS*

for the Meals on Wheels program.

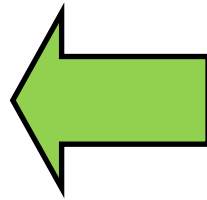
We appreciate so much the way you have opened your hearts to help our seniors and disabled adults. Your willingness to give of your time has enabled us to deliver our meals quicker, more timely and helps make sure that we don't have a wait list. You are a blessing to all.

3



*Dave Nobles, John Burnside, Richard & Marion Myers,
C-Senior Solutions, Steve Stowell, Johannah Thompson, Marla Morgan, Whitney St.
Michael, Jeffrey Socher,
Maira Solle, Bob Schweiger, Jordan Homer
Tyler Peterson, Shirley & Robert Brosseau, Miriam Cotto, Drew Parks,
Erin Tucker, Don Yeager,
Carol Rogers,,*

2	3	1	4	9	8	5	7	6
8	4	5	2	7	6	1	9	3
9	6	7	5	1	3	4	2	8
5	7	2	9	6	4	3	8	1
6	1	4	3	8	7	9	5	2
3	8	9	1	5	2	6	4	7
4	5	8	7	3	1	2	6	9
1	2	6	8	4	9	7	3	5
7	9	3	6	2	5	8	1	4



Sudoku Solution From September Newsletter



63 TRICK-OR-TREAT

N M O N S T E R E R A T P J B
 E K P B F E S K S J C H U G P
 E C I L U C P I U G H O S T A
 W A S A J H O D O H T T S C R
 O N M C A O O S H C R A E A T
 L D A K C C K E D T E B R R Y
 L Y S C K O Y M E A D O D A P
 A C K A O L Q U T P I C C M E
 H O E T L A W T N N R T A E Z
 K R L G A T I S U I Y O N L A
 T N E D N E T O A K A B D A M
 F S T J T I C C H P H E Y P N
 Q Y O T E V H X U M M R N P R
 C S N X R O O N M U U X E L O
 F Z J O N M Y O B P S M G E C

BAT	CORN MAZE	HAY RIDE	OCTOBER
BLACK CAT	COSTUME	JACK-O-LANTERN	PARTY
CANDY	DRESS-UP	KIDS	PUMPKIN PATCH
CANDY CORN	GHOST	MASK	SKELETON
CARAMEL APPLE	HALLOWEEN	MONSTER	SPOOKY
CHOCOLATE	HAUNTED HOUSE	MOVIE	WITCH

Eastern Idaho Area Agency on Aging

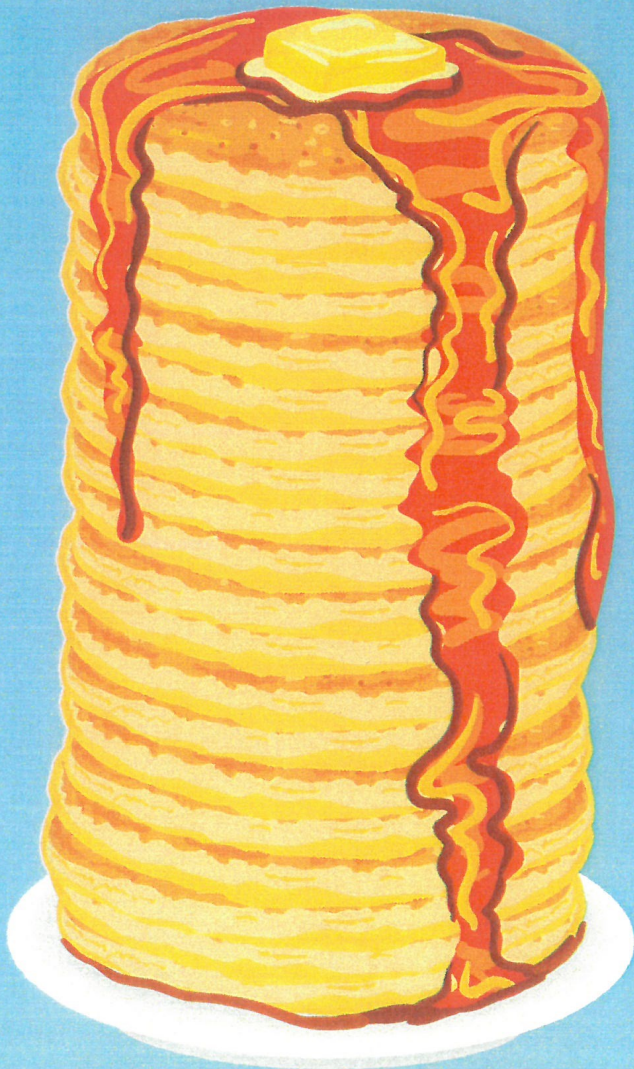
Your local Area Agency on Aging (a division of Eastern Idaho Community Action Partnership—EICAP) is an essential resource in the community, working to maintain the independence and dignity of Eastern Idaho’s seniors and caregivers. We do this by connecting seniors with services and community resources. We are a non-profit that receives federal, state, and local funds to run our programs. Area Agency on Aging offers several types of services and support for senior and caregivers including home and community-based services, supportive services, and advocacy programs. Many of our services are at a no-cost or low-cost for consumers. It’s easy to get help. Give us a call us at (208) 522-5391.



PANCAKE

BENEFIT

BREAKFAST



Join us November 18th
8am - 11am
at 535 W 21st St

.....
\$10 Per Person / 5 & Under FREE

MENU

Pancakes • Hash browns
Eggs • Sausage,
Bacon • Coffee • Juice

In Partnership with:



Sarah Ryner, Heidi Nelson, and Mary Ledezma

All proceeds will benefit the programs of the Idaho Falls Senior Center!



Idaho Department
of Finance

FRAUD AND SENIOR FINANCIAL EXPLOITATION PREVENTION ROADSHOW

TUESDAY **10.3.23** 3-5 PM(MDT)

CANYON CREST EVENT CENTER 330 CANYON CREST DR, TWIN FALLS, ID 83301

Join the experts for a fun free educational presentation. Learn about community resources and strategies to identify, prevent, and report financial fraud and exploitation.

Scan here to register!



Registration highly encouraged, light refreshments, door- raffle prizes, and attendee swag bags provided.

[HTTPS://FRAUDPREVENTIONROADSHOW.EVENTBRITE.COM](https://fraudpreventionroadshow.eventbrite.com)



FUNDED (IN PART) BY A GRANT FROM THE INVESTOR PROTECTION TRUST.



I finally did it! I bought a new pair of shoes with memory foam insoles. No more forgetting why I walked in a room.



IDAHO
DEPARTMENT OF FINANCE



BRAD LITTLE
Governor

PATRICIA R. PERKINS
Director

Contact:
Celia Kinney, Consumer Affairs Officer
Idaho Department of Finance
(208) 332-8067

NEWS RELEASE

FOR IMMEDIATE RELEASE

September 13, 2023

Idaho Events Announced to Increase Awareness of Fraud and Senior Financial Exploitation

Boise, Idaho... The Idaho Department of Finance (IDOF) is pleased to announce its **Fraud and Senior Financial Exploitation and Prevention Roadshow**, to provide education to Idaho's seniors, and adult family members and caregivers who provide support to seniors and vulnerable adults. Local opportunities will provide information on best practices to protect against financial crimes targeting seniors and vulnerable adults through a series of free expert led presentations open to the public. Along with the IDOF, community partners including **AARP Idaho** and the **Idaho Commission on Aging – Adult Protective Services** will share information and resources to help Idahoans prevent, identify, and report financial crimes and abuse, and provide updates to state level efforts underway to combat this activity. A meet and greet will follow each presentation. **Light refreshments, gifts, and door-raffle prizes will be available.** Registration is strongly encouraged and can be completed online at <https://fraudpreventionroadshow.eventbrite.com>.

“Ensuring Idahoans have the information, tools, and resources to protect themselves and their loved ones from becoming victims of fraud and senior financial exploitation is very important to the IDOF and to me personally. We are excited to interact with Idahoans around the state to equip them with the knowledge and skills to defend themselves against these activities,” said **Patricia Perkins**, Director of the Idaho Department of Finance.

“Educating and engaging Idaho’s senior population, caregivers, and family members on the fraud and financial exploitation threats they face is vital to protecting their financial safety and well-being. The IDOF Securities Bureau and our partners are looking forward to providing critical information at the Roadshow events that will better protect our seniors, while also encouraging potential victims to report fraud and exploitation,” said **John Yaros**, Securities Bureau Chief of the Idaho Department of Finance.

The Roadshow event schedule is as follows:

- **Tuesday, October 3, 2023, 3-5 p.m. Twin Falls, Canyon Crest Event Center**
- **Wednesday, October 4, 2023, 3-5 p.m. Idaho Falls, West Bank Convention Center**
- **Friday, October 6, 2023, 3-5 p.m. Coeur D’Alene, Salvation Army Kroc Center**
- **Monday, October 30, 2023, 3-5 p.m. Boise, Riverside Hotel**
- **Friday, November 3, 2023, 3-5 p.m. Ketchum, The Community Library**

Consumers can obtain information about financial firms, professionals or products, as well as view more Department press releases and other information on the Internet at <http://finance.idaho.gov> or by contacting the Department at (208) 332-8000 or Idaho toll-free at 1-888-346-3378.



HappyFriendshipDays.com



Recipe: October Dinner Fondue

Friends coming over? Add to the fun by serving this easy to make, main-dish fondue to serve with chicken, veggies, or tortellini. Or you can be creative, and come-up with your own dippers for this versatile recipe.

Ingredients: 1 Can (10 1/2 Oz) Campbell's condensed cream of chicken soup or Campbell's condensed 98% Fat free cream of chicken. 3/4 Cup milk, 1/2 Tsp chili powder, 1/2 Tsp ground cumin, 1 cup Shredded Cheddar cheese (about 4 oz), 2 tbs chopped fresh cilantro.

Directions: Step 1: Heat the soup and milk in a 2-quart saucepan over medium heat until the mixture is hot and bubbling, stirring occasionally. Stir in the chili powder, cumin and cheese. Cook and stir until the cheese is melted. Stir in the cilantro.

Step 2: Pour the soup mixture into a fondue pot or slow cooker. Serve warm.

October

2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
	Sloppy Joes Green Beans Wedges	Turkey Shepards Pie Pastry	Chicken & Rice Burrito Cali Blend	Mushroom Pork Chops Mushrooms,Squash, Onion Augratin Potatoes Roll , Jell-O	Stroganoff Mushroom , Onion , Zucchini Pudding	
8	9	10	11	12	13	14
	Turkey Chili Dogs Chalet Blend Tots	Pork Roast Carrots & Celery Potatoes Cake	Chicken Fried Steak Green Beans Mashed Potatoes Roll Pastry	Sausage & Pepper Pizza Green Salad Yogurt	Tuna Mac Salad Little Cuties Cottage Cheese	
15	16	17	18	19	20	21
	Mashed Potato Casserole Crispy Chicken Apple	BBQ Pulled Pork Sandwich Slaw Salad,Beans Chips Cookie	Korean Bowl Cabbage Mix Ice Cream	Cowboy Stew Corn Bread Banana Oat Muffin	Fish Sandwich Cole Slaw Curley Fries	
22	23	24	25	26	27	28
	Salisbury Steak Spring Blend Mashed & Gravy	Biscuits & Gravy Fajita Blend Hash browns Oat No Bake Cookie	Turkey Teriyaki Broccoli & Carrots Cinn.Roll	Soft Shell Taco Kiwi Muffin	BBQ Chicken Cauliflower Augratin Potatoes Garlic Bread	
29	30	31				
	English Muffin Sausage & Egg Fajita Blend Fruit Pies	Chili Baked Potato Broccoli Popcorn Ball				
						

October 2023

Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	3 10:00a Roses Coffee Grp 10:15a Fit & Fall Exercise Group 12:00p Double deck Pinochle 12:00p Bridge	4 10:15a Bingo 12:30p Pinochle 10:00a Roses Coffee Group	5 10:05a Woodcarvers 10:15a Fit & Fall Exercise	6 10:00a Beading 10:00a Rose's Coffee Group 4:00p Bingo Doors open @4pm	7 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
8	9 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	10 10:00a Roses Coffee Grp 10:15a Fit & Fall Exercise Group 12:00p Double deck Pinochle 12:00p Bridge	11 10:15a Bingo 12:30p Pinochle 10:00a Roses Coffee Group	12 10:05a Woodcarvers 10:15a Fit & Fall Exercise	13 10:00a Beading 10:00a Rose's Coffee Group 4:00p Bingo Doors open @4pm	14 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
15	16 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	17 10:00a Roses Coffee Grp 10:15a Fit & Fall Exercise Group 12:00p Double deck Pinochle 12:00p Bridge	18 10:15a Bingo 12:30p Pinochle 10:00a Roses Coffee Group	19 10:05a Woodcarvers 10:15a Fit & Fall Exercise	20 10:00a Beading 10:00a Rose's Coffee Group 4:00p Bingo Doors open @4pm	21 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
22	23 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	24 * 10:00a Roses Coffee Grp 10:00a SCCC Ex Brd 10:15a Fit & Fall Exercise Group 10:30a SCCC Brd Mtg 12:00p Double deck Pinochle	25 10:15a Bingo 12:30p Pinochle 10:00a Roses Coffee Group	26 10:05a Woodcarvers 10:15a Fit & Fall Exercise	27 10:00a Beading 10:00a Rose's Coffee Group 4:00p Bingo Doors open @4pm	28 4:30p Bingo. Doors open at 4:30pm Bingo starts at 6pm
29	30 10:00a MahJongg/ DS 10:00a Rose's Coffee Group	31 10:00a Roses Coffee Grp 10:15a Fit & Fall Exercise Group 12:00p Double deck Pinochle 12:00p Bridge				

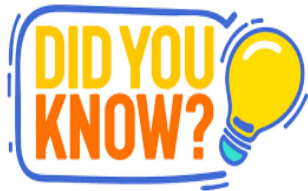
The hours are 10AM to 2PM Monday, Thursday, & Friday. 10AM to 4PM on Tuesday & Wednesday. The doors will not open until 10AM. No one will be allowed in the building before or after these hours.

Thank you and enjoy the Senior Community Center!

All of the programs in the Center are run by volunteers
At times the Volunteer may need to cancel the program.

Thank you in advance for your understanding.
Visit our Facebook page for latest Center activities.
See more info At IFSGCC.ORG

If you would like to start a program call 208) 522-4357 and we will give you the available times and spaces that are open. You will be responsible to gather your own participants to play the games or come to programs.



Take the AARP Smart Driver™ Course and you may save on your car insurance!*



By taking our enhanced course, you'll learn:

- Evidence-based safe driving strategies
- New traffic laws and rules of the road
- How to deal with aggressive drivers

Refresh your driving skills today and save!*

Courses:

Thursday, October 26, 2023, 9:00 AM till 4:00 PM,
(Right here at the I.F. Seniors Community Center)
(We will break for lunch)
Please arrive by 8:45 AM for admin stuff...

Reserve a seat today:

Sign up here at the center (see Sarah or Heidi)
--OR--
Call Ned at: (503) 816-0790

\$20 for AARP members | \$25 for non-members

For more information visit www.aarp.org/drive

*Upon completion you may be eligible to receive an auto insurance discount. Other restrictions may apply. Consult your agent for details.



YOUR BOARD OF DIRECTORS

Linda DeLia	Retired Medical Editor	Chair
Karl Casperson	Bonneville County Sheriff Office	Vice Chair

Chris Mendel	Lincoln Court	Treasurer
Chanse Powell	Senior Solutions	
Alecia Coburn	Lincoln Court Retirement	
Kathleen Keyes	Member of PEO	
Carmon Ramos	Fairwinds Retirement	
Mary Ledezma	Retired	

----- Non Voting Members -----

	Mayor's Office Liaison
Sarah Ryner	Executive Director
Heidi Nelson	Associate Director

The Board meets on the
4th Tuesday of each month,
from 10:30 AM to 11:55 AM
All meetings are open to the public

If you would like to join the board please come to the office and fill out an application. All are welcome. Thank you

Caregivers Nook

EICAP Caregivers Support Group
A support group for individuals who are caring for loved ones and are in need of information, resources, and support. We cover a wide range of topics such as Safety, Health & Fitness, Self care, Family relationships, Daily care, Respite, Grief & End of life. We meet on the 1st & 3rd Tuesday of the month, from: 12:00-1:30 at EICAP [935 E. Lincoln Rd.](#) I.F. 208-522-5370 ext-203 Jodi (call for zoom information)

See you there.....

Idaho Falls Senior Citizens'
Community Center
535 west 21st street
PRESENTS

Also Known as
**SENIOR
ACTIVITY CENTER**



**Every Saturday Evening
6 pm to 8 pm**

Doors open at 4:30 pm

- * FOR EVERYONE - Not just for seniors
- * Must be 18 years old or older to play
- * Win CASH

WE ARE A SMOKE-FREE
AND ALCOHOL-FREE ENVIRONMENT
AND A NON-PROFIT ORGANIZATION

Eastern Idaho Area Agency on Aging: Information & Assistance

The Information and Assistance Program, within the Area Agency on Aging, bring people and services together. Information and Assistance provides current information on services available in the communities, links people to opportunities that are available, and provides follow-up to ensure people receive the services needed. Think of it as a local resource hub for everything senior. Call us to be connected to programs and services that you may need at (208) 522-5391

CARD GAMES INFORMATION

All Games have a suggested donation
Or a required donation of \$1.00

WEDNESDAY PINOCHLE			
	HIGH	2ND	3RD
WEDNESDAY PINOCHLE			
	HIGH	2ND	3RD
WEDNESDAY PINOCHLE			
	HIGH	2ND	3RD

Tuesday Double Deck			
1st	Debbie	Linda	Mary
2nd	Fay	Debbie	Debbie
1st			
2nd			
Bridge			
	1st	2ND	3RD
1st			
2nd			

JUST A REMINDER

When you participate in an activity here at the Center, please sign the Sign-In Sheet provided. Most of the grants we apply for require information about how well the Center is being used. It will help the Center, and only take a few seconds.

Thanks.....
your Board of Directors

Eastern Idaho Area Agency on Aging: Help with Medicare Costs
Under a grant project, the Area Agency on Aging provides outreach for federal and state Medicare subsidy programs. If you struggle paying for your Medicare healthcare costs, call your Area Agency on Aging, at (208) 522-5391, to learn more about your options, including the Medicare Savings Programs and “Extra Help”. The Medicare Savings Programs are state programs, through Health & Welfare, that help pay for some Medicare Part A (hospital) and Part B (medical) costs. “Extra Help” is a federal program, through Social Security, that helps with Medicare PartD (prescription drug) costs. These programs offer varying amounts of assistance that you can qualify for depending on your income and assets.

Xylaria polymorpha, commonly known as dead man's fingers, is a saprobic fungus growing from the bases of rotting tree stumps and decaying wood. It has elongated upright stromata poking up through the ground, much like fingers.

More details/photos: <http://bit.ly/3YRp10Q>



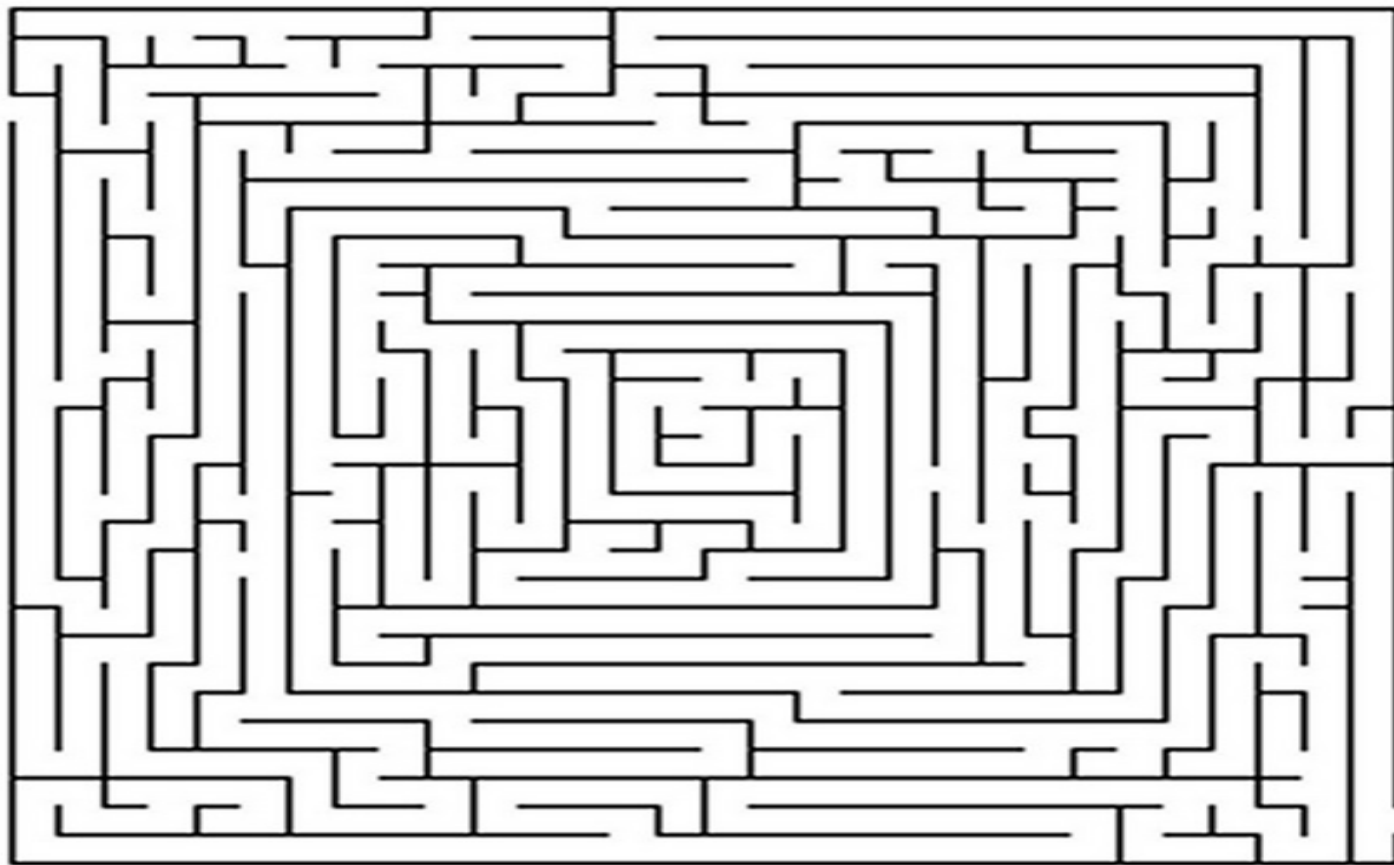
Grandparents Corner

EICAP GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

A support group for individuals who are in need of information, resources and support regarding a variety of issues including: medical, legal, behavior and school issues. They meet on the **4th Tuesday of every month** from: **12:00pm – 1:30pm** at EICAP **935 E. Lincoln Road, IF, 83402, Phone: 208-522-5370 ext-203. (Call for Zoom Information)**

FYI

During the month of August your capable KITCHEN AND DELIVERY PERSONNEL served 222 meals at the center , and produced and Delivered 3,155meals to home-bound seniors and disabled adults through our Meals On Wheels program (Total meals: 3,377)



**Q: What kind of candy do zombies hate most?
A: Life Savers.**



Medicare Information



- To learn about Medicare eligibility or to apply, visit www.ssa.gov/medicare/mediinfo.html or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- If you do not sign up for Medicare Part B (medical insurance) when you are first eligible, or if you cancel Part B and then get it later, you may have to pay a late enrollment penalty for as long as you have Part B.
- For questions about Medicare coverage and billing, visit www.Medicare.gov or call **1-800-MEDICARE (1-800-633-4227)** (TTY **1-877-486-2048**).
- The Extra Help program may help pay the costs of a Medicare Prescription Drug Plan for people with limited income and resources. Costs include premiums, deductibles, and co-payments. You can apply online at www.ssa.gov/medicare/prescriptionhelp or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- The Medicare Savings Programs may help pay for Medicare premiums and other out-of-pocket costs for people with limited income and resources. You can start the application process when you apply for Extra Help or you can contact your State or local medical assistance (Medicaid) office.

Eastern Idaho Area Agency on Aging: Senior Medicare Patrol

The Senior Medicare Patrol (SMP) program, under the Eastern Idaho Area Agency on Aging, helps Medicare and Medicaid beneficiaries avoid, detect, and prevent health care fraud, errors and abuse. SMP trained staff and volunteers provide free counseling and education to the community. Remember to protect your Medicare card and only share your Medicare number with your trusted healthcare provider. Check your statements **and** bills for inaccuracies such as services you didn't receive, double billing, or services not ordered by your doctor. If you ever have questions about your Medicare Summary Notice or other healthcare statements or bills, give us a call and our trained counselors can help. (208) 522-5391

PROGRAM DONATIONS FROM CENTER FOR THE MONTH OFAugust	
Beading	\$33.00
Bingo / Wed, Fri, Saturday	\$3,296.79
Beading -(Beverage)	\$0.00
Bridge	\$30.05
Bridge—(Bev Only: Both)	\$0.00
Double Deck Pinochle	\$36.00
Double Deck Pinochle (Bev.)	\$2.00
Fit & Fall Exercise	\$127.00
Pool	\$9.00
Woodcarvers	\$34.00
Mah-Jongg	\$0.00
Pinochle	\$54.00
Pinochle (Bev Only)	\$5.00
Woodcarvers (Bev Only)	\$0.00
Rose's Gentlemen's Group	\$160.00
Ladies Morning Coffee	\$73.44
Congregate lunch (Beverage only)	\$3.00
Fit & Fall (Beverage)	\$0.00
Total	\$3,863.28

Idaho Legal Aid

www.idaholegalaid.org

A non-profit Idaho law firm and community education organization. Idaho Legal Aid Services offers a Senior Legal Hotline and a Domestic Violence Legal Advice Line for many qualifying Idaho citizens.

If you are a **senior (age 60 or older)** and you need help with a legal problem, have a question you think a lawyer should answer, or have been sued and don't know where to turn, call our **Senior Legal Hotline:**

(866) 345-0106 or Español (866) 954-2591 (toll free); (208) 345-0106 (Boise calling area)

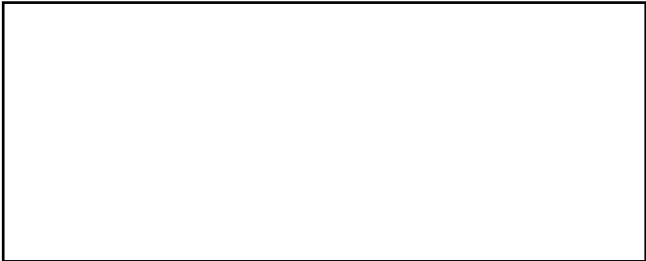
Hours of Operation: Monday - Friday* 9:00 AM - 3:00 PM (MST) **Excluding holidays and other office Closures.*



"The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means of communication of program information (Braille, large print, audiotape, etc.) should contact USDA's Target Center at (202)720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Ave., SW Washington D.C. 20250-9410 or call (202)720-5964 (voice or TDD). USDA is an equal opportunity provider and employer." Locally, write to EICAP, P.O. Box 51098, Idaho Falls, ID 83405 or call (208)522-5391.

SCCC COMUNICATOR
Senior Citizen's Community Center, Inc.
535 West 21st Street
Idaho Falls ID 83402-4528
DATED MATERIAL—PLEASE DON'T DELAY
RETURN SERVICE REQUESTED

Non-Profit Organization
U S POSTAGE PAID
Idaho Falls, ID 83401
Permit #155



**The Senior Citizen Activity
Center, Inc.**
Is a United Way Agency. Thanks to you, it continues to work for all of us!

