



SENIOR COMMUNICATOR

Non Profit Organization

Idaho Falls Senior Citizens Activity Center
535 West 21st Street

We are a daily center for ACTIVE seniors. Our meals on Wheels Program Prepares /delivers over 66,000 meals yearly

We are NOT an assisted living center.

Hours of operation
Monday through Friday
10am—2pm
Closed some holidays

Telephone: (208) 522-4357
Website: ifscce.org
Circulation: 750



OUR
SOCIAL
MEDIA

WEBSITE



FACEBOOK



August
2026

We reserve the right
to make mistakes
occasionally

New Members: *Mark Jones, Tamara Ferguson, Jerrilyn Ramos, Nancy Roadhouse, Heath Prophet, Lori & Myrna Hughston, Richard & Theresa Hill, Carol Skillings, Courtney Ricks, Brenda Lumsden.*

AND FOR ALL OUR NEW MEMBERS... Please don't be a passive member! Get involved...Join in the daily activities. In most cases the daily activities are not created by the Center Management, they were created by members who asked "Can we do this?" Management is concerned with activities only in a support position.

Thank You to all of our Volunteers

Senior Hours	146.83
Non-Senior Hour	279.75
Board Member Hour	49.00
Work Detail Hours	36.01
Total Hours	511.59

We would like to thank the Board Members, Non Seniors and ALL the seniors who keep the SCCC going by keeping all of our activities and programs running.

Warm Wishes To You All!



We need someone to volunteer to run Bingo on Wednesdays from 10am to about 12:45pm. You will need to be trained. Call 208-522-4357

Thank You!

Monthly Supporters

****United Way****

****City Of Idaho Falls * Medicaid***

****Eastern Idaho Community Action Partnership****

****Panera bread ****

****Humanitarian Center* Molina****

****United Healthcare****

Thank You!

**THANKS TO THE MEMBERS WHO HELP US
RELIEVE THE PAIN OF THE ECONOMY:**

\$ 0 - \$ 99 1-Anonymous

***\$100-\$250 2-Anonymous, Richard & Theresa
Dixon***

***\$300- \$800 Walt & Linda Reuter, Steven
Wagner***

\$1,000-\$31,000

Thank You!

**Many thanks to the following entities for
their recent
grants and donations!**

****Blackbaud Giving Fund****

We want to say **thanks** to our **VOLUNTEER DRIVERS** for the Home Delivered Meals program. We appreciate so much the way you have opened your hearts to help our seniors and disabled adults. You are a blessing to all.

Dave Nobles, Steve Stowell, Marla Morgan, Jeffrey Socher, Jordan Homer, Hal & Deb Tobin, Mr. & Mrs. Yeager, Gerald Ondricek, Roger Kuhl, Teri Sokolek, Debbie Ball, Debbie Bell, Springhill Hotel, Bidger Carpenter, Richard & Theresa Dixon, Emma Thomas, Tina Whitley, Sherrie Gouldthorpe, Desiree Lowney, Paul K., Bryant Gardner, Toma Matule





Compassionate Care as It Should Be.
Community Non-profit.
1810 Moran, Idaho Falls, ID 83401
208-529-0342
www.hospiceofeasternidaho.com
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Session 3



Set Your Goals

Recommended Goals

- 1 Eat at least 3 $\frac{1}{2}$ cups of fruits and vegetables every day.
- 2 Participate in at least 30 minutes of moderate-intensity physical activity most days.



My Personal Goals

I will eat _____ cup(s) of **fruits** and _____ cup(s) of **vegetables** every day.

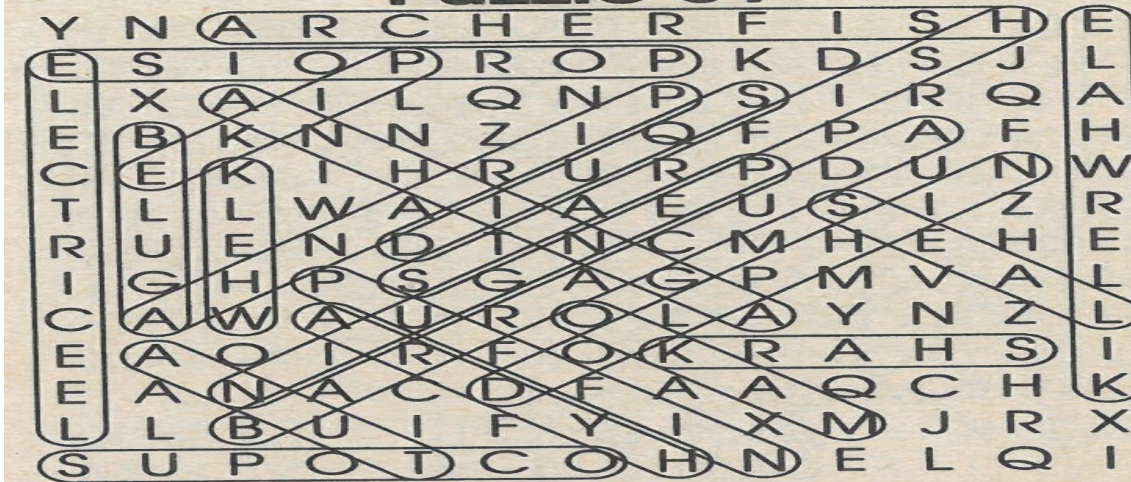
I will get at least _____ minutes of **moderate-intensity physical activity** on _____ days next week.

My Weekly Log

In the space provided, write the cups of fruits and vegetables you ate and the minutes of physical activity you completed each day.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cups of fruits 							
	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)
Cups of vegetables 							
	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)	# of cup(s)
Minutes of physical activity 							
	# of minutes	# of minutes	# of minutes	# of minutes	# of minutes	# of minutes	# of minutes

Puzzle 61



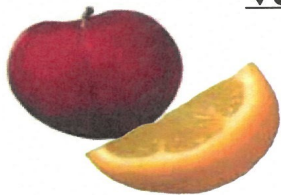
Answer key
from July to the
left



Session 3

Tips

...to Help You Eat at Least 3½ Cups of Fruits and Vegetables Every Day



- Buy fresh fruits and vegetables in season when they may be less expensive and at their peak flavor.
- Buy fruits that are dried, frozen, and canned (in water or juice) as well as fresh, so that you always have a supply on hand.
- Dried fruits make a great snack. They are easy to carry and store well.
- For dessert, have baked apples, pears, or a fruit salad.
- Try a fruit smoothie – mix bananas, peaches, strawberries, or other berries with low-fat or fat-free yogurt.
- Stock up on frozen vegetables for quick and easy cooking in the microwave.
- Fruits and vegetables taste great with a dip or dressing. Carrot and celery sticks are traditional, but consider broccoli florettes, cucumber slices, red or green pepper strips, or apples.
- Salads are an easy way to get your vegetables. Include a green salad with your dinner every night. Or try a main dish salad for lunch.

Session 3



Recipe Cards

Chicken-Vegetable Soup With Kale

Serving Size: 1/3 of recipe
Yield: 3 servings

Ingredients:

- 2 teaspoons vegetable oil
- 1/2 cup onion, chopped
- 1/2 cup carrot, chopped
- 1 teaspoon dried thyme
- 2 garlic cloves, chopped
- 1/2 cup rice, cooked
- 1 cup kale, rinsed and chopped
- 1 cup chicken, chopped
- 3/4 cup tomatoes, chopped
- 2 cups water or chicken broth

Instructions:

1. Heat oil in a medium sauce pan. Add onion and carrot. Saute until vegetables are tender, about 5-8 minutes.
2. Add thyme and garlic. Saute for 1 more minute.
3. Add water or broth, tomatoes, cooked rice, chicken, and kale.
4. Simmer for 5-10 minutes.



+



Adapted from: The Washington Senior Farmers Market Nutrition Program, Washington State University

Snappy Rice Dish

Serving Size: 1/2 of recipe
Yield: 2 servings

Ingredients:

- 1 cup frozen vegetables, or fresh, cut into bite size pieces
- 1/2 cup chicken broth, reduced salt, or use water
- 1 cup brown rice, cooked, or any other rice
- 1/2 can kidney beans, rinsed and drained (about 7 oz) or other canned bean
- dill weed (fresh-snipped or dry dill) to taste
- pepper to taste

Instructions:

1. Cook the vegetables in the chicken broth (or water) using a small pan, pot, or electric skillet, on medium high heat.*
 2. Cook the vegetables the way you like them (firm or soft), stirring gently. Add more broth as needed to keep the vegetables moist.
 3. Add the rice, canned beans, and seasonings. Cook until heated through.
- * Microwave version: Follow the same steps above. Use a microwave-safe, covered dish. Stir the vegetables every 2 to 3 minutes. Just before they are fully cooked, add the rice, beans, and herbs. Cook until heated. Rotate the dish & stir gently.



+



Adapted from: Senior Nutrition Awareness Project (SNAP) Newsletter, University of Connecticut Family Nutrition Program



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Classroom Helpers NEEDED IMMEDIATELY



Adults 55+ are invited to step into classrooms and youth programs to make a real difference in a child's day—and their future.

Immediate Openings:

- Head Start Centers
- YMCA Sports & Youth Programs
- Boys & Girls Clubs
- Local Schools
- Libraries
- & More!



**It's never too late to
make a difference**

- Flexible schedule- start quickly
- No experience required- training provided
- 5 to 40 hours per week
- Income-eligible stipend & benefits



Cheiska Motloch- Volunteer Coordinator

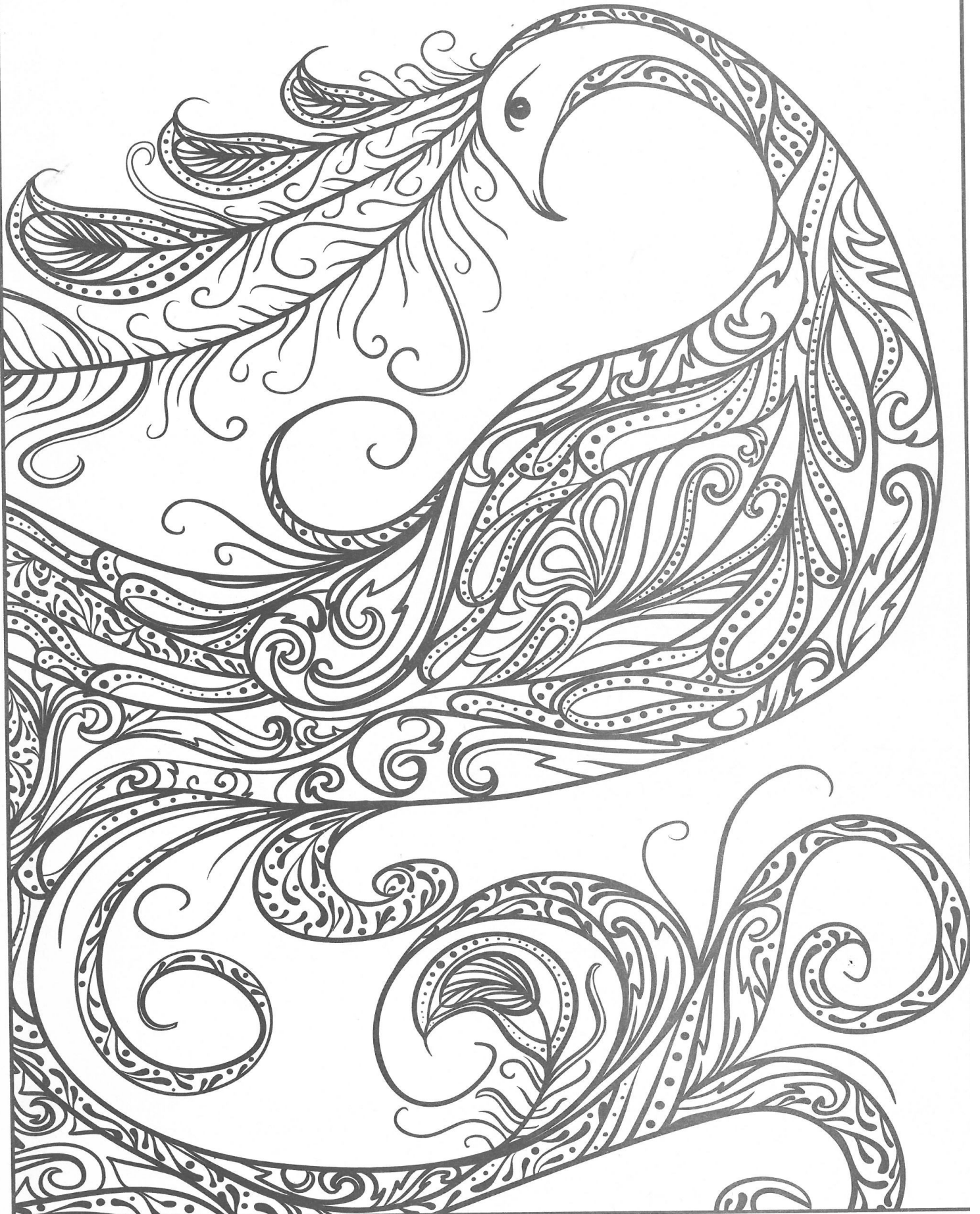
● cmotloch@unitedwayif.org

● 208-881-6211

Eastern Idaho Area Agency on Aging

Your local Area Agency on Aging (a division of Eastern Idaho Community Action Partner-ship—EICAP) is an essential resource in the community, working to maintain the

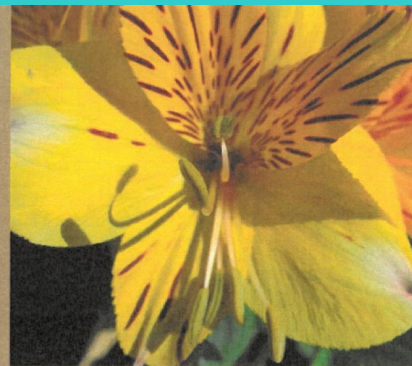
independence and dignity of Eastern Idaho's seniors and caregivers. We do this by connecting seniors with services and community resources. We are a non-profit that receives federal, state, and local funds to run our programs. Area Agency on Aging offers several types of services and support for senior and caregivers including home and community-based services, supportive services, and advocacy programs. Many of our services are at a no-cost or low-cost for consumers. It's easy to get help. Give us a call us at (208) 522-5391.



August

2026

MENU SUBJECT TO CHANGE



	Monday	Tuesday	Wednesday	Thursday	Friday	
	3 Chef Salad with Ham Apple Dump Cake Ranch Dressing Croutons	4 Rueben Sandwich Pears Sauerkraut, Onion, Carrots Fries	5 Chicken Fried Steak Cantaloupe Broccoli Mashed Potatoes Roll, Fluff Salad	6 Meatball Sub Berry Blend Onion, Peppers Potato Salad	7 Pork Egg Rolls Pineapple Coleslaw w/ pineapple Fried Rice Ice cream	
	10 Tuna Sandwich Banana Cucumber & Carrot Sticks Chips Rice Krispy Treat	11 Biscuits and Gravy Strawberries Peppers & Onions Hash browns	12 Hot Dogs Mandarin Oranges Relish, Onion, Peppers, Mustard & Ketchup packets Tater Tots	13 Summer Salad Apricots Garden Rotini Noodles Multigrain Bars	14 Chicken Strips Plums Dinner Salad French Fries Graham Crackers	
	17 Chicken Nachos Grapes Tomato, olive, onion, corn, Salsa Sour Cream Cookie	18 Turkey Wraps Fruit Salad Lettuce, Onion, Tomato Mayo, Mustard Packs	19 Cheese Burger Apple Lettuce, Tomato, Onion, Pickle Potato Wedges Mayo, Ketchup Packs	20 Baked Potato with Chili Peaches Cauliflower Sour Cream Fruit Snack	21 Fish Tacos Mango Succotash Tater Tots Cupcakes Ketchup & Tartar Sauce Packs	
	24 Spaghetti with Meatballs Juice Peas & Carrots Garlic Bread Pudding	25 Taco Salad Watermelon Chips Rolls Salsa & Ranch	26 Salisbury Steak Orange Green Beans Mashed Potatoes & Gravy Brownie	27 Fajitas Applesauce Peppers & Onions Sour Cream, Salsa Cottage Cheese	28 Tukey Sandwich Kiwi Cucumber Salad Chips Mayo, Mustard Packs	
	31 Grilled Chicken Sandwich Tropical Fruit Lettuce, Tomato, onion, Pickle French Fries Lemon Bars					

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 6:00p Bingo- Doors open at 4pm
2	3 10:00a MahJongg	4 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	5 10:15a Bingo 12:30p Pinochle 10:30p Information Table	6 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	7 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	8 6:00p Bingo- Doors open at 4pm
	10:00a Rose's Coffee					
9	10 10:00a MahJongg 5:30p Idaho Falls Gem & Mineral Society	11 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	12 10:15a Bingo 12:30p Pinochle 10:30p Information Table	13 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	14 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	15 6:00p Bingo- Doors open at 4pm
	10:00a Rose's Coffee					
16	17 10:00a MahJongg	18 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	19 10:15a Bingo 12:30p Pinochle 10:30p Information Table	20 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	21 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	22 6:00p Bingo- Doors open at 4pm
	10:00a Rose's Coffee					
23	24 10:00a MahJongg	25 10:00a Fit & Fall Exercise 11:00a Ladies Coffee	26 10:15a Bingo 12:30p Pinochle 10:30p Information Table	27 10:00a Fit & Fall Exercise 10:00a Woodcarvers 11:00a Ladies Coffee 11:15a Painting Group	28 10:00a Hand and Foot 10:00a Crafting group 6:00p Bingo-Doors open at 4pm	29 6:00p Bingo- Doors open at 4pm
	10:00a Rose's Coffee					
30	31 10:00a MahJongg 10:00a Rose's Coffee					

All of the programs in the Center are run by volunteers
At times the Volunteer may need to cancel the program.

Thank you in advance for your understanding.
Visit our Facebook page for latest Center activities.
See more info At IFSCCC.ORG

** Call for an appointment or to sign up
*** Due to the increasing cost of supplies, the Eagle Rock Art Guild will be requesting \$2 per person per Art class to cover Their supply expenses. Classes are limited to 12 people. To ensure enough supplies for Art Classes, please sign up for them at 522-4357. Dead line is Wednesday at 2pm.
**** Play 16 games of bingo for as little as \$3.50

Come join our Fit and Fall Proof Class Every Tuesday and Thursday at 10am. All are Welcome!!



JUST A REMINDER

When you participate in an activity here at the Center, please sign the Sign-In Sheet provided. Most of the grants we apply for require information about how well the Center is being used. It will help the Center, and only take a few seconds. Thanks.....your Board of Directors

Grandparents Corner

EICAP GRANDPARENTS RAISING GRANDCHILDREN SUPPORT GROUP

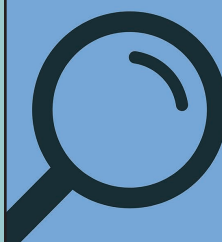
A support group for individuals who are in need of information, resources and support regarding a variety of issues including: medical, legal, behavior and school issues. They meet on the **4th Tuesday of every month** from **12:00pm – 1:30pm** at **EICAP** **935 E. Lincoln Road, IF, 83402,** **Phone: 208-522-5391.**

Help at the Push of a Button!



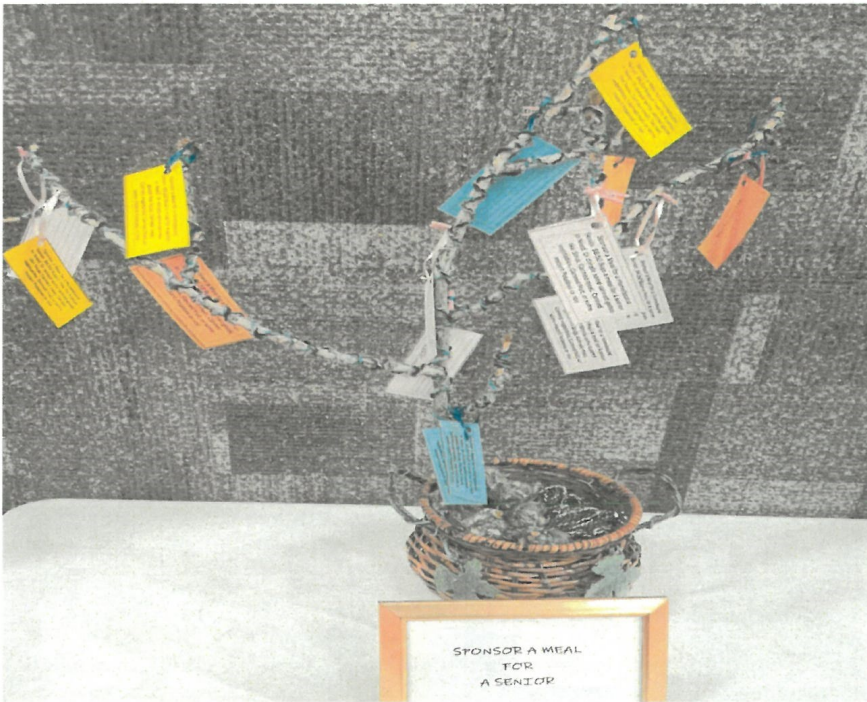
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Your Personal Response Network
Locally Owned & Operated

**At Home Or On The Go,
With AssureLink You're Never Alone!**
(208) 523-2704



Advertise Here!

Increase visibility in your community.



Please consider sponsoring a meal for one of our Senior Citizens. We have a tree with tags for \$6.50 on it at the Senior Center. Come in and buy a tag. We will display the tags proudly in thanks to those who help our Seniors for your generous donation.



WE'RE HIRING

Ad Sales Executives

- Paid Training
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- Serve Your Community

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Advertise Here!

Increase visibility in your community.

YOUR BOARD OF DIRECTORS

Karl Casperson	Bonneville County Commissioner	CHAIR
Chanse Powell	Senior Solutions	VICE CHAIR
Jared Barclay	Eagle Rock Health & Rehab	Treasurer
Sherrie Gouldthorpe	Retired	Secretary
Kathleen Keyes	Member of POA	
Jennifer Goddard	DL Evans Bank	
Benjamin McInelly	Cascadia Healthcare	
Mary Ledezma	Retired	
Jenny Martin	Senior Solutions	
Cara Fitzgerald	Comfort Homecare	
-----Non Voting Members-----		
John Radford	Mayor's Office Liaison	
Sarah Ryner	Executive Director	
Ashley Barzee	Associate Director	

The Board meets on the
4th Tuesday of each month, sometimes
changes, or is canceled.
from 10:30 AM to 11:55 AM
All meetings are open to the public

**If you would like to join the board please come to
the office and fill out an application.
All are welcome. Thank you**

Caregivers Support Group

EICAP Caregivers Support Group
A support group for individuals who are caring
for loved ones and are in need of information,
resources, and support. We cover a wide range
of topics such as Safety, Health & Fitness, Self
care, Family relationships, Daily care, Respite,
Grief & End of life. We meet on the 1st & 3rd
Friday,
from:
1pm—3pm at EICAP 935 E. Lincoln Rd.
I.F. (208) 522-5391 ext-203 Emily (call for zoom
information)

See you there.....

Idaho Falls Senior Citizens'
Community Center
535 west 21st street
PRESENTS

Also Known as
**SENIOR
ACTIVITY CENTER**

**COMMUNITY
BINGO**

Guaranteed
minimum
60%
payout

**Every Saturday Evening
6 pm to 8 pm**

**& Friday
Evenings**

Doors open at 4:30 pm

Also join us for FUN BINGO on WEDNESDAY MORNINGS
STARTS AT 9:45AM - 16 games for as little as \$3.50

- * FOR EVERYONE - Not just for seniors
- * Must be 18 years old or older to play
- * Win CASH

WE ARE A SMOKE-FREE
AND ALCOHOL-FREE ENVIRONMENT
AND A NON-PROFIT ORGANIZATION

URGENT

Give back to your community by donating
to your local charity right here in Idaho
Falls. You can donate money, **your time,**
or needed items. We also need more
board members to join the board.

Some of our funding has dropped off and
we need more funding to take its place.

**WE NEED THE COMMUNITIES
SUPPORT RIGHT NOW! PLEASE
COME SUPPORT US!!!**

Call (208)522-4357 for questions, or visit in person
at 535 W 21st Street, Idaho Falls, ID
83402



Puzzle #50**Crafts**

ASSEMBLE
BRUSH
CARVE
CONSTRUCT
CUTS
DABBLE
DABS
FINISH
FITS
HANDLE

HEAT
ILLUSTRATE
MIXES
NAIL
PAINT
PASTE
POSITION
POUR
PRESS
PROCESS

SCULPT
SHARPEN
SKETCH
SMOOTH
STAMP
STIR
TRACE
TRIM
VARNISH

Y	T	P	O	S	I	T	I	O	N	M	C	P
K	P	S	H	A	R	P	E	N	P	P	P	M
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B	U	Q	M	N	C	M	I	H	O	X	F	T
T	C	U	R	T	S	N	O	C	E	H	P	S
E	S	D	E	D	T	R	E	S	N	A	I	L
H	L	K	A	G	I	S	I	S	S	N	T	T
L	S	B	A	B	S	U	F	T	V	D	P	S
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T	B	W	S	C	P	V	A	R	N	I	S	H

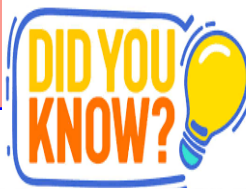
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Thanks.....
your Board of Directors

Eastern Idaho Area Agency on Aging: Help with Medicare Costs

Under a grant project, the Area Agency on Aging provides outreach for federal and state Medicare subsidy programs. If you struggle pay-ing for your Medicare healthcare costs, call your Area Agency on Aging, at (208) 522-5391, to learn more about your op-tions, including the Medicare Savings Programs and "Extra Help". The Medicare Savings Programs are state programs, through Health & Welfare, that help pay for some Medi-care Part A (hospital) and Part B (medical) costs. "Extra Help" is a federal program, through Social Security, that helps with Medicare PartD prescription drug costs. These programs offer varying amounts of assistance that you can qualify for depending on your income and assets.



Senior Citizens Community Center

Sccc



535 West 21st Street
Idaho Falls, Idaho 83402
(208) 522-4357

VOLUNTEERS NEEDED!

Make a Difference. Build Community. Support Seniors!

IDAHO FALLS SENIOR CENTER ANNUAL RUMMAGE SALE AUGUST 14TH & 15TH

The Idaho Falls Senior Center is gearing up for
one of its biggest fundraisers of the year,

and we need your help!



VOLUNTEER OPPORTUNITIES



ORGANIZING DONATIONS

Help sort and organize items.



PRICING ITEMS

Help price and prepare items for sale.



SETTING UP

Help set up before the sale.



HELPING DURING THE SALE

Assist on August 14th & 15th.



GENERAL SUPPORT

Customer assistance and more.

Whether you can give a few hours or a few days,
your time makes a difference and helps support
programs and services for local seniors.

DONATIONS WELCOME!

ITEMS CAN BE DROPPED OFF AT:



**Comfort
Home Care**
208-681-5533

**2174 E. Lincoln Rd.
Idaho Falls**

Monday – Friday • 8:00 AM – 5:00 PM



CLEAN, USABLE ITEMS ONLY PLEASE!



*Great
Finds!
Great
Cause!*

**THANK
YOU!**

*We
Love
Our
Volunteers!*

WANT TO HELP?

FOR VOLUNTEER OPPORTUNITIES,
PLEASE REACH OUT TO

Cara Fitzgerald



208-681-5533



Thank you for supporting our seniors and our community!



FYI

During the month of June our capable KITCHEN AND DELIVERY PERSONNEL served 412 meals at the center, and produced and Delivered 4,807 meals to home-bound seniors through our Meals On Wheels program (Total meals: 5,219)

Grandparents Corner

EICAP Grandparents Raising Grandchildren Support Group

A support group for individuals who are in need of information, resources and support regarding a variety of issues including: medical, legal, behavior and school issues. They meet on the 4th Tuesday of every month
From: 12:00 pm—1:30pm at EICAP
935 E Lincoln Road, IF, 83402
Phone: 208)522-5370 ext-203. (Call for Zoom Information)

Our community
wouldn't be the
same **without you!**

Advertise in Our Newsletter!

Contact Shannon Miller

smiller1@4LPi.com
(800) 950-9952 x2257



**Seniors
Helping
Seniors®**

...A WAY TO GIVE AND TO RECEIVE®

Tyrel Nelson
Area Manager
208.559.1884
tyrel@southernidahoshs.com
Idaho Falls, Pocatello, Rexburg

Our Services At A Glance

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- Personal Care
- Housekeeping
- Transportation
- Meal Preparation
- Pet Care & More!



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a day**

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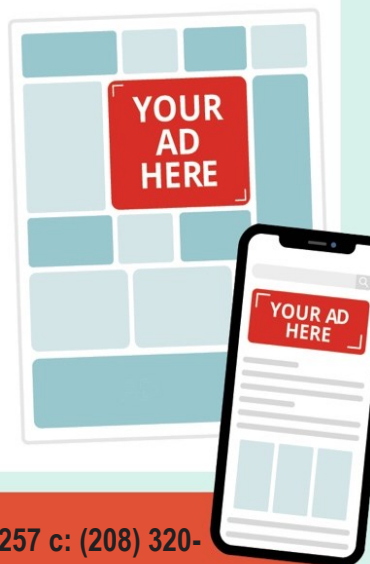
PRINT & DIGITAL AD SPACES

The Support of Your Business is Greatly Appreciated

Shannon Miller from LPI, our newsletter printer, will be securing new ads for our center in the coming weeks. It is the support of the business community that helps to make our center thrive. Please consider purchasing a print and/or digital ad as your participation makes our newsletter successful, and you attract customers!

Newsletter advertising is a cost-effective way to advertise 12 times per year and show support for your local community; in turn, members will support you!

Digital advertising allows your business to be front and center to anyone who visits a center profile page on OurSeniorCenter.com — that's approximately 500,000 page views per month!



Shannon Miller

p: (800) 950-9952x2257 c: (208) 320-9587 e: smiller1@4LPi.com

I think one of my favorite feelings is laughing with someone and realizing half way through how much you enjoy them and their existence.

Unknown | Soul in Ink



Medicare Information

- To learn about Medicare eligibility or to apply, visit www.ssa.gov/medicare/mediinfo.html or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- If you do not sign up for Medicare Part B (medical insurance) when you are first eligible, or if you cancel Part B and then get it later, you may have to pay a late enrollment penalty for as long as you have Part B.
- For questions about Medicare coverage and billing, visit www.Medicare.gov or call **1-800-MEDICARE (1-800-633-4227)** (TTY **1-877-486-2048**).
- The Extra Help program may help pay the costs of a Medicare Prescription Drug Plan for people with limited income and resources. Costs include premiums, deductibles, and co-payments. You can apply online at www.ssa.gov/medicare/prescriptionhelp or call Social Security at **1-800-772-1213** (TTY **1-800-325-0778**).
- The Medicare Savings Programs may help pay for Medicare premiums and other out-of-pocket costs for people with limited income and resources. You can start the application process when you apply for Extra Help or you can contact your State or local medical assistance (Medicaid) office.

Don't be a target of Healthcare fraud! Learn how to prevent Healthcare Fraud by contacting your local Senior Medicare Patrol at (208)522-5391 ext. 202

Eastern Idaho Area Agency on Aging: Senior Medicare Patrol

The Senior Medicare Patrol (SMP) under the Eastern Idaho Area Agency on Aging, helps Medicare and Medicaid beneficiaries avoid, detect, and prevent health care fraud, errors, and abuse. SMP trained staff and volunteers provide free counseling and education to the community. Remember to protect your Medicare card and only share your Medicare number with your trusted healthcare provider. Check your statements and bills for inaccuracies such as services you didn't receive, double billing, or services not ordered by your doctor. If you ever have questions about our Medicare summary Notice or other healthcare statements or bills, give us a call and our trained counselors can help. (208) 522-5391

Idaho Legal Aid
www.idaholegalaid.org

A non-profit Idaho law firm and community education organization. Idaho Legal Aid Services offers a Senior Legal Hotline and a Domestic Violence Legal Advice Line for many qualifying Idaho citizens.

If you are a **senior (age 60 or older)** and you need help with a legal problem, have a question you think a lawyer should answer, or have been sued and don't know where to turn, call our **Senior Legal Hotline:**

(866) 345-0106 or Español (866) 954-2591
(toll free); (208) 345-0106 (Boise calling area)

Hours of Operation: Monday - Friday* 9:00 AM - 3:00 PM (MST) **Excluding holidays and other office closures.*

PROGRAM DONATIONS FROM CENTER FOR THE MONTH OF June

Crafters	\$20
Bingo Charity Wed, Fri, & Sat	\$3508.45
Congregate Lunch	\$276.04
Congregate Beverage	\$0
Ladies Coffee	\$42
Fit & Fall Exercise	\$163.10
Hand & Foot Cards	\$17
Mah-Jongg: Individual Donations	\$0
Painting Group	\$16
Pinochle	\$91
Pinochle (Bev Only)	\$6
Pool	\$61.87
Rose's Gentlemen's Group	\$77.29
Woodcarvers	\$15
Misc. fundraiser	\$0
Other/ individual Donation	\$1,511
Total	\$5,804.75



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SCCC COMMUNICATOR
Senior Citizen's Community Center, Inc.
535 West 21st Street
Idaho Falls ID 83402-4528

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The Senior Citizen Activity Center, Inc.

Is a United Way Agency. Thanks to you, it continues to work for all of us!

